

# THE FOX AND PANTRY

## BREAKFAST

**HONEY GRANOLA** **\$9.95**  
honey infused yogurt, homemade granola  
with oats, seeds, nuts toasted in honey

**BREAKFAST SANDWICH** **\$9.95**  
bacon, egg, arugula, tomato, sautéed  
onions, garlic aioli on toasted ciabatta or  
waffle **+\$0.5** croissant **\$2** bagel **+\$1**  
gluten free bagel **+\$3**

**TOASTED BAGEL** **\$6.95**  
cream cheese  
bacon **+\$2.5**  
smoked salmon **+\$6**  
gluten free **+\$2**


**QUICHE** **\$14.95**  
zucchini, pancetta with smoked gouda  
served with a side salad & balsamic onion jam


## SANDWICHES served on toasted ciabatta

**SMOKED NORWEGIAN SALMON** **\$14.95**  
cream cheese, dark greens, a hint of lemon

**SHAVED PROSCIUTTO** **\$12.95**  
horseradish cheddar, garlic aioli,  
arugula

**BACON & BRIE** **\$12.95**  
arugula, roasted tomato, balsamic onion jam



**ARTICHOKE PARMESAN**  **\$12.95**  
roasted artichokes, mayo, red onion,  
toasted almonds, arugula




**TOMATO MOZZARELLA**  **\$12.95**  
Pesto, roasted tomato, balsamic  
onion jam

**GRILLED STEAK** **\$14.95**  
arugula, garlic aioli, caramelized onions  
add horseradish cheddar **+\$1**

## HOMEMADE SOUP

**CHICKEN BROCCOLI**  **\$12.95**  
A hearty soup, best described as  
ridiculously delicious

**CREAMY WILD RICE**   **\$12.95**  
roasted butternut squash and pepitas

**KALE CHICKPEA** **\$12.95**  
A spicy warm soup infused with coconut,  
cumin, ginger and chickpeas   

16oz of homemade soup served in large bowl with crackers

## SALAD

**POWERHOUSE ALMOND GREEN** **\$14.95**  
Parmesan shavings, feta, roasted tomato,  
toasted spice infused almonds, seeds,  
and other healthy goodness.

Served with kale or baby greens and  
arugula, depending on the season

- Add chicken or bacon **+\$2.50**

## FLATBREAD

**GARLIC, GOUDA, MOZZARELLA, ARUGULA, ROASTED TOMATO, TOASTED ALMONDS** **\$17.95**  
Served with a small side salad - available gluten free **+\$1.50**  
Add chicken **+\$2.50** - Add bacon **+\$2.50**



vegetarian, gluten free, vegan, lactose free

**\*ALL ITEMS ARE MADE IN KITCHEN THAT SERVES NUTS, SOY, GLUTEN AND EGGS\***

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness. Please let a staff member know if you have an allergy or sensitivity when ordering.